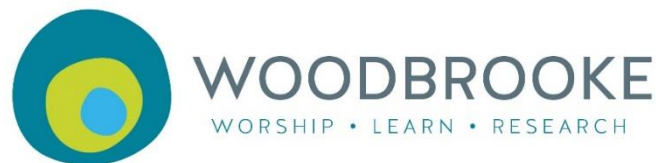


Creating Authentic Spirituality: a rule to live by



15-18 January 2024

Penny Brohn

With Alex Wildwood and Ben Pink Dandelion

Please bring a reading or music or film clip or something (from any faith tradition) that speaks to you of your aspirations for an authentic spiritual life.

MONDAY		
Arrivals from 4pm		Dining Room
6.00pm	Evening meal	Dining Room
7.30 – 9.15pm	Session 1: Meeting and Introductions	Garden Room
9.30pm	Epilogue	Garden Room
	Followed by evening drinks	Dining Room

TUESDAY		
8.00 – 9.00am	Breakfast	Dining Room
8.30 – 9.00am	Meeting for Worship, followed by individual quiet time	Garden Room
9.45 – 11.15am	Session 2: Authentic Spirituality	Garden Room
11.15am	Morning drinks	Dining Room
11.45am – 1.15pm	Session 3: Nurturing Practices	Garden Room
1.15pm	Lunch	Dining Room
	Followed by free time	
3.30pm	Afternoon drinks	Dining Room
4.00 – 6.00pm	Session 4: Working Towards a Rule	Garden Room
6.30pm	Evening meal	Dining Room
7.45 – 9.15pm	Session 5: Inspirations	Garden Room
9.30pm	Epilogue	Garden Room
	Followed by evening drinks	Dining Room

WEDNESDAY		
8.00 – 9.00am	Breakfast	Dining Room
8.30 – 9.00am	Meeting for Worship, followed by individual quiet time	Garden Room
9.45 – 10:45	Session 6: Writing a Rule	Garden Room
10.45am	Morning drinks	Dining Room

11.15am – 12.45pm	Session 6 continues: Writing a Rule	Garden Room
12.45 – 1.45pm	Lunch	Dining Room
	Free time	
4.00pm	Afternoon drinks	Dining Room
4.30 – 6.15pm	Session 7: Writing a Rule II	Garden Room
6.30pm	Evening meal	Dining Room
7.45 – 9.15pm	Session 8: Witnessing	Garden Room
9.30pm	Epilogue	Garden Room
	Followed by evening drinks	Dining Room

THURSDAY		
8.00– 9.00am	Breakfast	Dining Room
	Please clear bedrooms by 9.30am	
9.30 – 11.15am	Session 9: Support and Accountability	Garden Room
11.15am	Morning drinks	Dining Room
11.45am – 12.45pm	Session 10: Going Forth	Garden Room
12.45 – 1.45pm	Lunch	Dining Room
	Followed by departures	